

	Year 7	Year 8	Year 9	Year 10	Year 11	
Autumn 1	1					
	2	Introduction to Character Development	Introduction to Character Development	Introduction to Character Development	Introduction to Character Development	
	3	How can I embrace change?	What is news?	What is body image?	What is mental health?	How do rules and laws differ?
	4	How are first impressions formed?	How can I judge reliability?	How might the media influence how I feel about the way I look?	What makes you happy?	Where do laws come from?
	5	Personal Values: Who am I?	How can I verify information?	How might drugs affects us?	How can I develop resilience?	How can I manage stress?
	6	What do healthy relationships look like?	How might I be manipulated?	Why might someone use drugs?	How can I optimise physical health?	How do I deal with disappointment?
	7	The Friendship Game	Knowledge Test	What does the law say about drugs?	What else should I know about drugs and alcohol?	How might my health affect my exam performance?
	8	How are families different?	How am I influenced?	What risks are linked to drug use?	Should vaping be banned?	Knowledge Test
Autumn 2	9	Knowledge Test	What should I know about knife crime?	What is addiction?	Knowledge Test	What are my next steps?
	10	What is bullying?	What is grooming?	Should cannabis be legalised?	How might people show their commitment to their partner?	What are my Post 16 Options?
	11	What is cyberbullying?	What does <i>county lines</i> mean?	Knowledge Test	What are my personal boundaries?	How do I write a great personal statement?
	12	How can I take a stand when I see bullying happening?	What crimes occur near me? WMP Assembly	Catch-up	What risks might someone consider before getting involved in an intimate relationship?	What does an intimate relationship look like?
	13	Healthy Relationships Evaluative Project	Crime and Influence Evaluative Project	What does a democratic country look like?	What is sexual harassment?	How can I deal with pressure, persuasion and coercion?
	14	Catch-up	Catch-up	How else might a country be run?	How might viewing adult content affect young people?	What is the difference between toxic masculinity and misogyny?
	15	Student/Parent Evaluation	Student/Parent Evaluation	What are human rights?	Student/Parent Evaluation	Intimate Relationships & Consent Evaluative Project
Spring 1	16	What does it mean to be healthy?	What does caffeine do to my body?	How can we balance human rights?	What are STIs?	Catch-up
	17	How can screen time affect my health?	How are prescription drugs and medicine different?	Do I have the right to say whatever I want?	What types of contraceptive methods are available?	Student/Parent Evaluation
	18	How much sleep should I be getting?	What are units?	How does the law try to protect victims of FGM and GBV?	Condom Olympics	Am I allowed to vote?
	19	What are the benefits of physical activity?	What are the physical effects of drinking alcohol?	Student/Parent Evaluation	Safer Sex Evaluative Project	How can I vote in a General Election?
	20	How can I manage my personal hygiene?	What are the social effects of drinking alcohol?	What is consent?	Knowledge Test	How fair is our democratic system of voting?
	21	How can I look after my teeth?	How can I manage influence and pressure around alcohol?	What do healthy, romantic relationships look like? (inc. Domestic Violence)	Catch-up	Knowledge Test
Spring 2	22	Knowledge Test	Knowledge Test	What are potential signs of abuse? (inc. HSB)	How can we prevent extremism?	Which factors might affect fertility?
	23	What is a risk?	Is everyone treated equally?	How can I maturely end a relationship?	What are hate crimes?	What happens during pregnancy?
	24	What is road safety?	What are stereotypes?	What does stalking look like?	What should I know about gangs?	What options does someone have if they are pregnant?
	25	What is online safety?	How might people with different abilities be treated?	Risky Relationships Evaluative Project	Why is knife crime on the rise in the West Midlands?	Are all parents the same?
	26	Catch-up	How can we respond to racism?	Knowledge Test	Student/Parent Evaluation	Student/Parent Evaluation
	27	Student/Parent Evaluation	Student/Parent Evaluation	Catch-up	Where does the government spend its money?	Catch-up
	28	What is Parliament?	How can social media affect me?	What is cancer?	What is the cost of anti-social behaviour?	What are effective eating habits for exam success?
Summer 1	29	Can young people make a change?	Send me pic: what does the law say?	How can I examine myself?	What is the cost of driving a car?	What are effective sleeping habits for exam success?
	30	FIRST GIVE LAUNCH ASSEMBLY	How can I support someone using unhealthy coping strategies?	What parts of our bodies can be donated to others?	What is the cost of becoming my own boss?	How does the brain remember?
	31	What are the social issues affecting our community?	Knowledge Test	How can I access healthcare?	What is foreign aid?	How can I increase focus and attention?
	32	Which local charity will our class be supporting?	Catch-up	How can I cope with grief?	Knowledge Test	What are effective and ineffective revision techniques?
Summer 2	33	What can we learn from the charity representative or website?	Which common health conditions should I know about?	How are physical and mental health connected?	Catch-up	<p><i>Exam Season</i></p> <p>Resources have been created in collaboration with a number of approved sources such as:</p> <ul style="list-style-type: none"> • PSHE Association • Child Line • BROOK • DECCA • CEOP Education • Anti-Bullying Alliance • NSPCC • LGFL 'Undressed' • Internet Watch Foundation
	34	How will we support our charity?	How can I help someone who has had an accident?	How can I manage unhelpful thoughts?	How can UNIFROG help with my career path?	
	35	What does the plan of our presentation look like?	What is CPR and how do defibrillators work?	How might the digital world distort reality? (inc. AI)	How can my interests influence my career choices?	
	36	Is our presentation ready?	What do young carers do?	What is phishing?	How can Labour Market Information (LMI) affect my career choices?	
	37	Which presentation will represent our class at the First Give Finals?	First Aid Evaluative Project	Should gambling be banned?	How can I prepare for work experience?	
	38	First Give Finals! Student/Parent Evaluation	Student/Parent Evaluation	Student/Parent Evaluation	Student/Parent Evaluation	
	39	Enrichment Week	Enrichment Week	Enrichment Week	Work Experience Placement	
	40					