

	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1				
	2	Introduction to Character Development	Introduction to Character Development	Introduction to Character Development	Introduction to Character Development
	3	How can I embrace change?	What is news?	What is body image?	What is mental health?
	4	How are first impressions formed?	How can I judge reliability?	How might the media influence how I feel about the way I look?	What makes you happy?
	5	Personal Values: Who am I?	How can I verify information?	How might drugs affects us?	How can I develop resilience?
	6	What do healthy relationships look like?	How might I be manipulated?	Why might someone use drugs?	How can I optimise physical health?
	7	The Friendship Game	Knowledge Test	What does the law say about drugs?	How might my health affect my exam performance?
	8	How are families different?	How am I influenced?	What risks are linked to drug use?	Should vaping be banned?
	9	Knowledge Test	What should I know about knife crime?	What is addiction?	Knowledge Test
	10	What is bullying?	What is grooming?	Should cannabis be legalised?	How might people show their commitment to their partner?
	11	What is cyberbullying?	What does county lines mean?	Knowledge Test	What are my personal boundaries?
	12	How can I take a stand when I see bullying happening?	What crimes occur near me? WMP Assembly	Catch-up	What risks might someone consider before getting involved in an intimate relationship?
	13	Healthy Relationships Evaluative Project	Crime and Influence Evaluative Project	What does a democratic country look like?	What is sexual harassment?
	14	Catch-up	Catch-up	How else might a country be run?	How might viewing adult content affect young people?
Autumn 2	15	Student/Parent Evaluation	Student/Parent Evaluation	What are human rights?	Student/Parent Evaluation
	16	What does it mean to be healthy?	What does caffeine do to my body?	How can we balance human rights?	What are STIs?
	17	How can screen time affect my health?	How are prescription drugs and medicine different?	Do I have the right to say whatever I want?	What types of contraceptive methods are available?
	18	How much sleep should I be getting?	What are units?	How does the law try to protect victims of FGM and GBV?	Condom Olympics
	19	What are the benefits of physical activity?	What are the physical effects of drinking alcohol?	Student/Parent Evaluation	Safer Sex Evaluative Project
	20	How can I manage my personal hygiene?	What are the social effects of drinking alcohol?	What is consent?	Knowledge Test
	21	How can I look after my teeth?	How can I manage influence and pressure around alcohol?	What do healthy, romantic relationships look like? (inc. Domestic Violence)	Catch-up
	22	Knowledge Test	Knowledge Test	What are potential signs of abuse? (inc. HSB)	Catch-up
	23	What is a risk?	Is everyone treated equally?	How can I maturely end a relationship?	What are hate crimes?
	24	What is road safety?	What are stereotypes?	What does stalking look like?	Am I allowed to vote?
Spring 1	25	What is online safety?	How might people with different abilities be treated?	Risky Relationships Evaluative Project	Condom Olympics
	26	Catch-up	How can we respond to racism?	Knowledge Test	Student/Parent Evaluation
	27	Student/Parent Evaluation	Student/Parent Evaluation	Catch-up	Student/Parent Evaluation
	28	What is Parliament?	How can social media affect me?	What is cancer?	Where does the government spend its money?
	29	Can young people make a change?	Send me pic: what does the law say?	How can I examine myself?	What is the cost of driving a car?
	30	FIRST GIVE LAUNCH ASSEMBLY	How can I support someone using unhealthy coping strategies?	What parts of our bodies can be donated to others?	What is the cost of becoming my own boss?
	31	What are the social issues affecting our community?	Knowledge Test	How can I access healthcare?	How does the brain remember?
	32	Which local charity will our class be supporting?	Catch-up	How can I cope with grief?	What is foreign aid?
Summer 1	33	What can we learn from the charity representative or website?	Which common health conditions should I know about?	How are physical and mental health connected?	Catch-up
	34	How will we support our charity?	How can I help someone who has had an accident?	How can I manage unhelpful thoughts?	How can UNIFROG help with my career path?
	35	What does the plan of our presentation look like?	What is CPR and how do defibrillators work?	How might the digital world distort reality? (inc. AI)	How can my interests influence my career choices?
	36	Is our presentation ready?	What do young carers do?	What is phishing?	How can Labour Market Information (LMI) affect my career choices?
	37	Which presentation will represent our class at the First Give Finals?	First Aid Evaluative Project	Should gambling be banned?	How can I prepare for work experience?
	38	First Give Finals! Student/Parent Evaluation	Student/Parent Evaluation	Student/Parent Evaluation	Student/Parent Evaluation
	39	Enrichment Week	Enrichment Week	Enrichment Week	Work Experience Placement
	40				
					Exam Season
					Resources have been created in collaboration with a number of approved sources such as: <ul style="list-style-type: none"><li>• PSHE Association</li><li>• Child Line</li><li>• BROOK</li><li>• DECCA</li><li>• CEOP Education</li><li>• Anti-Bullying Alliance</li><li>• NSPCC</li><li>• LGFL 'Undressed'</li><li>• Internet Watch Foundation</li></ul>