

Character Development Overview

		Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1	Introduction to Character Development	Introduction to Character Development	Introduction to Character Development	Introduction to Character Development	Introduction to Character Development
	2	How can I embrace change?	What is news?	What makes a relationship healthy?	What is Mental Health?	How do rules and laws differ?
	3	How are 'first impressions' formed?	How can I judge reliability?	The Friendship Game	What makes you happy?	Where do laws come from?
	4	Personal Values: Who am I?	How can I verify information?	First Give Launch Assembly	How can I develop resilience?	How can I manage stress?
	5	What makes a relationship healthy?	How might I be manipulated?	What are the social issues affecting OSCA community?	How can I optimise physical health?	How do I deal with disappointment?
	6	The Friendship Game	Knowledge Test	Which charities are addressing social issues in our community?	What else should I know about drugs and alcohol?	How might my health affect my exam performance?
	7	Knowledge Test	How am I influenced?	Which charity should our class support?	Should vaping be banned?	Knowledge Test
Autumn 2	8	How are families different?	What should I know about knife crime?	How will we support our charity?	Knowledge Test	What are my next steps?
	9	What do healthy friendships look like?	What is grooming?	What does the plan of our presentation look like?	What is extremism?	What are my Post 16 Options?
	10	What is bullying?	What does 'county lines' mean?	What will our final presentation look like?	What is terrorism?	How do I write a great personal statement?
	11	What is cyberbullying? (inc. grooming)	What is extremism?	Is our presentation ready?	What lessons can we learn from the Holocaust?	What options does someone have if they are pregnant?
	12	How can I take a stand when I see bullying happening?	What are hate crimes?	Which presentation will represent our class at the final?	Knowledge Test	What happens during pregnancy? (inc. miscarriage, FASD)
	13	Is everyone treated equally? (inc. protected characteristics)	CRIME Evaluation	First Give FINAL	Why is knife crime on the rise in the West Midland?	Are all parents the same?
	14	Student/Parent Evaluation	Student/Parent Evaluation	What is body image?	What more should I know about grooming?	What does the law say about abortion?
Spring 1	15	What are stereotypes?	What does caffeine do to my body?	How might the media influence how I feel about the way I look?	Student/Parent Evaluation	Student/Parent Evaluation
	16	How might people with disabilities be treated?	What are prescription drugs?	How might drugs affects us?	Where does the government spend our money?	What are pensions?
	17	How can we deal with racism?	What are units?	Why do people use drugs?	What is devolution?	Do I need insurance?
	18	Knowledge Test	What are the physical effects of drinking alcohol?	What does the law say about drugs?	Am I allowed to vote?	How do loans and mortgages work?
	19	What is health?	What are the social effects of drinking alcohol?	What risks are linked to drug use?	How can I vote in a General Election?	Knowledge Test
	20	How can screentime affect my health?	How can I manage influence and pressure around alcohol?	What is addiction?	Is our current electoral system fair?	What does an intimate relationship look like?
	21	How much sleep should I be getting?	Knowledge Test	Knowledge Test: Should cannabis be legalised?	Knowledge Test	What is the impact of pornography and what does the law on sharing nudes?
Spring 2	22	What are the benefits of physical activity?	What is consent? (inc. online)	How can I manage Online stress and FOMO?	Study Skills – memory	How can I deal with pressure and coercion?
	23	How can I manage my personal hygiene? (inc. germs)	What does the law say about sharing nudes?	How does the digital world distort body image?	Study Skills – healthy revision techniques	Consent Evaluation
	24	Student/Parent Evaluation	Student/Parent Evaluation	Student/Parent Evaluation	Student/Parent Evaluation	Student/Parent Evaluation
	25	How can I look after my teeth?	How can social media affect me?	What is phishing?	Condom Olympics	Allow for loss of lessons for mocks
	26	Is vaping harmful to my body?	What are eating disorders?	Should gambling be banned?	STIs	Allow for loss of lessons for mocks
	27	What is a risk?	RSE Evaluation	What do healthy, romantic relationships look like? (inc. Domestic Violence)	Contraception	What are effective eating habits for Exam Success?
	28	What do I need to know about Road safety?	Knowledge Test	What are potential signs of abuse? (inc. HSB)	Safer Sex Evaluation	What are effective sleeping habits for Exam Success?
Summer 1	29	How can I be safe online?	Which common health conditions should I know about?	How can I maturely end a relationship?	Student/Parent Evaluation	What are effective and ineffective revision techniques?
	30	Knowledge Test	How can I help someone who is choking or who is hurt?	What does stalking look like?	How might people show their commitment to their partner?	How does the brain remember?
	31	What do young carers do?	What is CPR, and how do defibrillators work?	How does the law try to protect victims of FGM and GBV?	What are my personal boundaries?	How to increase focused and attention?
	32	Can young people make a change?	FIRST AID Evaluation	RSE Evaluation	What is sexual harassment?	Exam Season
	33	What is Parliament?	Student/Parent Evaluation	Knowledge Test	What risks might be involved in sexual acts?	Resources have been created in collaboration with a number of approved sources such as:
	34	What is money management?	How have attitudes towards race changed over time?	How might drugs affects us?	For the first time.	<ul style="list-style-type: none"> PSHE Association Childline BROOK DECCA ThinkUKnow Anti-Bullying Alliance NSPCC LGFL 'Undressed' Internet Watch Foundation
	35	How effective can I budget for real world scenario?	How have attitudes towards gender changed over time?	What does the law say about drugs?	How realistic is pornography?	
Summer 2	36	Student/Parent Evaluation	Are sexuality and gender identity the same thing?	Student/Parent Evaluation	Knowledge Test - Big CD Quiz	
	37	Knowledge Test - Big CD Quiz	Knowledge Test - Big CD Quiz	Knowledge Test - Big CD Quiz	Careers & Work Experience	
	38	Dare Enrichment	Dare Enrichment	Dare Enrichment	Work Experience	

*Youth Parliament UK - OSCA compete every two years. Topics covered over two weeks in Character Development (2 lessons). C1 2 7 8 9 10 11

