

Topics	Useful numbers and websites for Parents, Carers and Students. Suitable for KS3 (Year 7-9) and KS4 (Year 10-11)
Racism	<ul style="list-style-type: none"> • https://www.theredcard.org/ • https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/children-race-racism-racial-bullying/ • https://www.unicef.org/parenting/talking-to-your-kids-about-racism
Aspirations and Individual Identity	<ul style="list-style-type: none"> • www.youngminds.org.uk • www.stem4.org.uk • mind - 0300 123 3393
British Values	<ul style="list-style-type: none"> • www.fairaction.org.uk • https://www.votesforschools.com/blog/british-values/ • https://www.gov.uk/government/news/guidance-on-promoting-british-values-in-schools-published
LGBTQIA+	<ul style="list-style-type: none"> • https://thesafezoneproject.com/resources/ • https://lgbt.foundation/
Anti Bullying	<ul style="list-style-type: none"> • https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ • https://www.schoolsafety.gov.uk/bullying-and-cyberbullying • www.theredcard.org • www.stephenlawrenceday.org • www.ceop.police.uk/Safety-Centre • thesharpsystem – accessible through the Academy website. • NSPCC – 0808005000 - help@nspcc.org.uk • Childline – 0800111
Multiculturalism	<ul style="list-style-type: none"> • https://www.teachingforchange.org/ • https://globaldimension.org.uk/ • www.refugeecouncil.org.uk • www.stophateuk.org
Health - Vaccinations	<ul style="list-style-type: none"> • https://www.gavi.org/vaccineswork/ • https://www.who.int
Smoking & Vaping	<ul style="list-style-type: none"> • https://tobaccofree.org/resources • https://www.themix.org.uk/drink-and-drugs/smoking/how-to-quit-smoking •
Rest & Relaxation	<ul style="list-style-type: none"> • https://relaxkids.com/ • https://www.savethechildren.org/us/charity-stories/easy-at-home-relaxation-activities-to-help-calm-kids
Healthy Eating	<ul style="list-style-type: none"> • https://www.healthforkids.co.uk/ • https://thenourishedchild.com/
Active Lives	<ul style="list-style-type: none"> • https://activeforlife.com/ • https://www.nhs.uk/healthier-families/activities/

Body Positivity	<ul style="list-style-type: none"> • https://www.youngminds.org.uk/young-person/coping-with-life/body-image/
Gender roles & Equality	<ul style="list-style-type: none"> • https://liftinglimits.org.uk/families/
Conflict Management	<ul style="list-style-type: none"> • https://www.connectionsacademy.com/support/resources/article/building-conflict-resolution-skills-in-children/
Child Sexual Exploitation (CSE)	<ul style="list-style-type: none"> • http://knowaboutcse.co.uk/schools/ • https://learning.nspcc.org.uk/child-abuse-and-neglect/child-sexual-exploitation • www.verywellmind.com - offers information about the causes and impact of misogyny.
Healthy Relationships	<ul style="list-style-type: none"> • www.standingtogether.org.uk • www.refuge.org.uk • www.mankind.org.uk • www.respect.uk.net • www.womensaid.org.uk • www.teenagehelpline.co.uk • www.ceop.police.uk/Safety-Centre
Prevent Agenda	<ul style="list-style-type: none"> • www.actearly.uk • www.stophateuk.org - You can report hate crime on this website. • www.hmd.org.uk • www.savethechildren.org • www.ceop.police.uk/Safety-Centre
Finance	<ul style="list-style-type: none"> • www.barclayslifeskills.com • www.redcross.org.uk/get-help/get-help-with-money-problems - Help and support for those struggling with the cost of living crisis and financial pressure. • www.turn2us.org.uk - support with the cost of living.

Topics	Useful information for Parents, Carers and students. Suitable for KS4 (Year 10-11)
Safer Sex (including consent)	<ul style="list-style-type: none"> • www.brook.org.uk/find-a-service - BROOK offer advise on Sexual Health & Wellbeing for young people. • www.victimsupport.org.uk - Charity dedicated to supporting victims of crime and traumatic incidents in England and Wales. • www.rapecrisis.org.uk - Rape Crisis England & Wales is the charity working to end sexual violence and abuse. • www.ceop.police.uk/Safety-Centre - To report abuse online. <p>www.thinkuknow.co.uk/14_plus/Need-advice/Porn - Think U Know offer advise and help protect children and young people from online.</p>