

# WEEK ONE



Monday

Tuesday

Wednesday

Thursday

Friday

## Main Choice

Cottage Pie

Meat Balls in Tomato Sauce With Pasta & Garlic Bread

Sausage with Mash & Onion Gravy

Fish & Chips or Chicken Drumstick & Chips

Extended Break

## Vegetarian Choice

Broccoli & Cheese Quiche

Vegetable Balti With Rice & Naan Bread

Filled Jacket Potato Skins

Cheese & Onion Pasty

Hot Chicken Baguettes, Pizzas, Sausage Rolls

## Tubs & Hot Boxes

Vegetable Kebab with Mediterranean Cous Cous

Meat Ball Hot Tub

Chicken Hot Box

Southern Fried Mini Chicken Fillet or Southern Fried Quorn Pieces in a Wrap

## Pasta

Pasta King - Meat & Vegetarian Options Available Each day

## Veggies

Sweetcorn Carrots

Hebry Diced Potatoes Salad Coleslaw

Mashed Potato Peas

Garden Peas Baked Beans

**Daily**  
jacket potatoes with a variety of fillings  
assorted sandwiches and fresh rolls  
fresh fruit and mixed yoghurts

**Pre Order**  
why not avoid the rush and pre order

**Dietary & Allergens**  
please speak to a member of the catering staff if you have any special dietary or allergy requirements

Where possible all our products are homemade and sourced locally



# WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
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## Main Choice

Pepperoni, Tuna & Sweetcorn or Ham & Pineapple Pizza

Beef Lasagne with Garlic Bread

Beef Stew & Crusty Bread

Fish & Chips or Chicken Drumstick & Chips

Extended Break

## Vegetarian Choice

Margarita & Vegetable Pizza

Vegetable Toad in the Hole

Broccoli & Cauliflower Cheese with Cheese Straws

Cheese & Onion Pasty

Hot Chicken Baguettes, Pizzas, Sausage Rolls

## Tubs & Hot Boxes

Chicken Hot Box

Lamb Kebab in Pitta & Salad

Spicy Bean Tub

Southern Fried Mini Chicken Fillet or Southern Fried Quorn Pieces in a Wrap

## Pasta

Pasta King - Meat & Vegetarian Options Available Daily

## Veggies

Potato Wedges & Baked Beans

Salad  
Mixed Vegetables  
Potato Wedges

Broccoli  
Carrots  
Mashed Potatoes

Garden Peas  
Baked Beans

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# WEEK THREE



Monday	Tuesday	Wednesday	Thursday	Friday
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<b>Main Choice</b>
<b>Vegetarian Choice</b>
<b>Tubs &amp; Hot Boxes</b>
<b>Pasta</b>
<b>Veggies</b>

All Day Breakfast	Bacon & Leek Quiche	Beef Chili with Rice & Nachos	Fish & Chips or Chicken Drumstick & Chips	Extended Break
Vegetable Lasagne with Garlic Bread	Breaded Vegetable Burger	Filled Jacket Potato Skins	Cheese & Onion Pasty	
Comfort Pot	Zinger Hot Box	Katsu Chicken Curry	Southern Fried Mini Chicken Fillet or Southern Fried Quorn Pieces in a Wrap	Hot Chicken Baguettes, Pizzas, Sausage Rolls
	Pasta King - Meat & Vegetarian Options Available Daily			
Mixed Salad	Salad New Potatoes	Coleslaw Broccoli	Garden Peas Baked Beans	

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# WEEKLY BREAKFAST MENU

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Perfect porridge	perfect porridge	perfect porridge	perfect porridge	perfect porridge
Bacon Breakfast tub	breakfast tub with soldiers	bacon breakfast tub	breakfast tub with soldiers	Sliced sausage breakfast tub
fruity tub	fruity tub	fruity tub	fruity tub	fruity tub
yoghurty tub	yoghurty tub	yoghurty tub	yoghurty tub	yoghurty tub
bacon on a sourdough bap	benedict's bap	bacon on a sourdough bap	benedict's bap	Bacon on a sourdough bap
wholemeal toast	wholemeal toast	wholemeal	wholemeal toast	wholemeal toast

**Daily**

- fruit bowl
- selection of fruit juices
- bottled water
- semi-skimmed milk

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